

Wauwatosa Harvest of the Month

- May -
Carrot



Honey Roasted Carrots

- 8 medium whole peeled carrots
- 3 tablespoons olive oil
- ¼ cup honey
- Salt and ground black pepper to taste

Directions

1. Preheat an oven to 350 degrees F (175 degrees C).
2. Place whole carrots in a baking dish, and drizzle with olive oil. Mix until carrots are completely covered with oil. Drizzle honey over top, then season with salt and pepper; mix until evenly coated.
3. Bake in the preheated oven until carrots are just tender, about 30 minutes, or longer if you prefer softer carrots.
4. Serve hot and enjoy!



Wauwatosa
HEALTH DEPARTMENT

For more information call
414-479-8936 or visit
www.wauwatosa.net/harvest