

# Wauwatosa Harvest of the Month

- October -

Cabbage



## Easy Cabbage Salad

- 2 tablespoons Fresh Lemon Juice
- 2 tablespoons Olive Oil
- ½ tablespoon Dijon Mustard
- 1 medium head Green Cabbage (or 8 cups shredded)
- ¾ teaspoon Kosher Salt
- 2 tablespoons Mint Leaves (finely chopped)

## Directions

1. In a large bowl, whisk together the lemon juice, olive oil, and Dijon mustard.
2. Chop the cabbage. Finely chop the mint. Add them to the bowl and toss with the dressing.



**Wauwatosa**  
HEALTH DEPARTMENT

For more information call 414-  
479-8936 or visit  
[www.wauwatosa.net/harvest](http://www.wauwatosa.net/harvest)